

Pastor Joseph Martin

Back to the Mountain
"The High Cost of Anger"



Mat 5:21 "You have heard that the ancients were told, 'YOU SHALL NOT COMMIT MURDER' and 'Whoever commits murder shall be liable to the court.'

Mat 5:22 "But I say to you that everyone who is angry with his brother shall be guilty before the court; and whoever says to his brother, 'You good-for-nothing,' shall be guilty before the supreme court; and whoever says, 'You fool,' shall be guilty enough to go into the fiery hell.

1. Reset Sinful Acceptance of Anger

Assault _____ Withdrawal

Attack _____ Coldness

2. Restore Relationships Immediately

Mat 5:23 "Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you,

Mat 5:24 leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering.

3. Resolve Disputes Quickly

Mat 5:25 "Make friends quickly with your opponent at law while you are with him on the way, so that your opponent may not hand you over to the judge, and the judge to the officer, and you be thrown into prison.

Mat 5:26 "Truly I say to you, you will not come out of there until you have paid up the last cent.

What is your anger costing?



Next Steps...

- ◇ **I want to trust Jesus for forgiveness and forgive others.**
- ◇ **Pray I can reset my thinking about anger.**
- ◇ **Pray I will see what anger is costing me and turn from it.**
- ◇ **Pray I will do all I can to restore relationships humbly and honestly.**
- ◇ **I will resolve disputes quickly.**
- ◇ **I want to help with VBS.**
