


Pastor Joseph Martin
"The Renovation of the Soul"
 Method and Practice



Scriptures

Gal 5:22-23; Mat 12:36-37

Gal 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, (23) gentleness, self-control; against such things there is no law.


Mat 12:36-37 "But I tell you that every careless word that people speak, they shall give an accounting for it in the day of judgment. (37) "For by your words you will be justified, and by your words you will be condemned."

1. Silence: Psa 62:1; Psa 62:5; Psa 46:10; Jas 1:19; Jas 1:26 _____

2. Solitude: Mar 1:35; Luk 4:42; Mar 6:46; Mat 14:23; Joh 6:15; 1 Jn 2:6 _____



3. Sabbath: Mar 2:27-28; Heb 10:24-25; Heb 5:12-14 _____

Notes 

Next Steps...

- ◇ **I want to turn from my own way and rust Christ’s way now.**
- ◇ **I commit to practice silence this week.**
- ◇ **I commit to plan a time of solitude this week.**
- ◇ **I commit to practice regular Sabbath rest each week.**
- ◇ **Pray I will follow through.**
